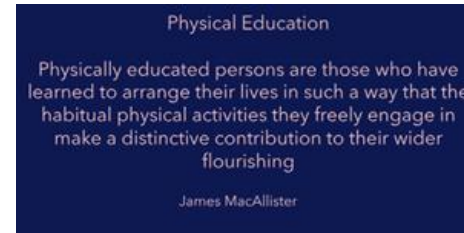


PE at Sky Primary & Eden Project Nursery

What are the aims?

INTENT



PE in Kernow Learning schools is all about developing physical literacy and a love of movement at primary level, with a focus on leadership skills, health and wellbeing. This puts Physical Education at the heart of our educational agenda– ensuring young people are well enough to learn and have developed a range of personal competencies that will help them in the classroom and beyond." Kernow Learning Trust is keen to address the negative stereotype of PE being all about prowess in sport and rather reposition it to enhance lifelong skills.

Our PE curriculum is aligned closely to our PSHE curriculum on Health and Well-being and through this we promote the link between physical and mental well-being. We understand the impact that regular physical activity has on both the body and mind and to this end our curriculum aim is to ensure that physical activity becomes an integrated part of our children's lives, now and in the future.

Our PE curriculum is also closely aligned to our Outdoor and Adventurous Activities programme, ensuring that our children experience a wide range of challenging activities on residential trips in Year 4, 5 and 6 including climbing, kayaking, coasteering, archery, abseiling, mountain biking, trail walking and raft building. Our children learn to take risks and challenge themselves and as a result grow in both physical and mental confidence.

Living in Cornwall, we place great importance on sea safety from EYFS and in the future we aim to take part in Surf and Water safety days such as Hit the Surf and younger children with visits from the RNLI. Our Key Stage 2 children also attend regular swimming lessons at our local pool.

Our PE curriculum is also designed to ensure that there is a balance between individual, partner, small group and team activities as well as developing the role of the referee and spectator. Through this we ensure our children understand the importance of respect, fair-play, cooperation and sportsmanship. We also promote the importance of resilience and personal best.

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What does it look like?

Implementation

Our PE curriculum carefully plans for progression and is built sequentially in terms of building skills and then applying these in game situations. We use Real PE as a curriculum resource to build skills and knowledge across the year groups, as well as engaging specialists wherever appropriate such as Plymouth Argyle Football Academy coaches. These include a variety of invasion games, strike and field games and gymnastics and dance.

In KS1, via the activities above, fundamental key skills are developed, these include an introduction to tactical awareness and fitness elements of agility, balance and coordination.

Each lesson also focuses on the impact of exercise on the body, where children are given opportunities to reflect on how they feel both physically and mentally and on the values of respect, equality, fairness, honesty, cooperation and sportsmanship. Opportunities for revision, practise, evaluating own and others' performance and refining skills are built into every lesson. In order to ensure fair access to all, adaptations are planned for and tasks may be differentiated to offer additional support, close learning gaps or offer additional challenge.

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What are the outcomes?

IMPACT

By the end of KS1, children will have developed their core skills. Regardless of ability, all children will make good levels of progress.

Children will leave Sky resilient and will have had a positive experience with PE & Sport. Many will be inspired to pursue their chosen sports in school clubs as well as out-of-school clubs in St Austell and beyond. As members of the Clays Sports Partnership, our students regularly compete with other local schools. As a progression pathway of the Cornwall School Games, success at local events can pave the way for competitions in the wider Cornish community.