

## ADHD

- Discuss specific equipment needed
- Provide opportunities to handle equipment if appropriate
- Clearly explain the rules/instructions of the game or activity using manageable steps
- Adjust timed activities where necessary

## ASD

- Provide opportunities to handle equipment before the lesson if necessary
- Clearly explain the rules and instructions in manageable chunks
- Ensure pupils are prepared for possible rule changes
- Ensure pupils are well prepared if learning environment is unfamiliar e.g. swimming pool

## Cognition and Learning Needs

- Provide diagrams & pictures to give children a greater understanding
- Break instructions down in to manageable chunks
- Use verbal prompts and Makaton if necessary
- Clear demonstrations
- Mixed ability groupings to provide peer support.

## Dyspraxia / Physical Impairment

- Consider equipment used (size, grip, bounce speed) and adapt/modify if needed.
- Provide specific support to enable pupils to take part in all activities
- Allow extra time for changing if needed
- Provide parallel activity if appropriate

## Strategies to support children in PE



## Dyslexia / Dyscalculia

- Provide appropriate support for time activities/ activities that involve counting
- Pair children up when using stopwatches/scoring
- Verbalise rules & instructions & combine these with demonstrations & models
- Include exercises that help develop motor control & integrate sensory information

## Hearing and Visual Impairment

- Provide a range of equipment to choose from including larger balls & sensory balls
- Provide equipment that includes a sound element e.g. bell with ball inside
- Orienteering trails may need to use multi-sensory approaches to help pupils with navigation

## Speech, Language and Communication Needs

- Provide diagrams & pictures to give children a greater understanding of the activity
- Use verbal prompts and Makaton if necessary
- Clear demonstrations
- Mixed ability groupings to provide peer support.

## Gifted and Talented

- Inter-school competitions
- Intra-school competitions
- Opportunities for coaching/sports leadership
- House Captain role leading organised events such as sports day
- Make links with secondary schools