



Lunch Menu

Fresh fruit, crusty bread and yogurts available daily

ALLERGENS
PLEASE REFER TO THE ALLERGEN NUMBERS ON THE MENU THE 14 ALLERGENS CAN BE FOUND ON THE SCHOOL WEBSITE IF YOUR CHILD HAS A SEVERE ALLERGY PLEASE SPEAK TO THE CATERING MANAGER ABOUT THEIR DIETARY REQUIREMENTS ALTHOUGH EVERY EFFORT IS TAKEN TO AVOID CROSS CONTAMINATION WE CANNOT GUARANTEE THAT ALL OF OUR HOMEMADE PRODUCTS ARE 100% GLUTEN FREE AND NUT FREE AS WE DO PREPARE OTHER SUCH FOOD ITEMS IN THE SAME KITCHEN

A- ALLERGENS

	No Meat Monday	A	Tuesday	A	Wednesday	A	Thursday	A	Friday	A
17/06/2024	Veggie burger served in a bap with coleslaw(4) and mixed leaves(may contain seeds)	2 4	Gluten free sausages served with creamy mash , mixed vegetable and veg gravy	7	Roast turkey with sage and onion stuffing and veg gravy served with roast potatoes, green beans and carrots	2	Chicken korma with coconut rice, mango chutney, diced tomatoes & cucumber and garlic & coriander naan bread(may contain nigella seeds)	7 2	Fillet of fish served with ketchup served with chunky chips and beans	5
			Veggie sausage served with creamy mash and mixed vegetables with gravy	2 7	Veggie roast served with roast potatoes, green beans and carrots with veg gravy.	2 4 7	Vegetable samosas with a curry sauce served with coconut rice, mango chutney, diced tomatoes & cucumber	2 7	Veggie fingers served with chunky chips and peas	2, 7
	Jacket potato with cheese	7	Jacket potato with chicken mayonnaise	4	Jacket potato with tuna	4 5	Jacket potato with cheese	7	Jacket potato with cheese and beans	7
	Chocolate muffin	2 7 4	Fresh fruit salad		Sticky toffee and date pudding	7 4 2	Mango sorbet		Greek yoghurt with fruit coulis	7
	No Meat Monday	A	Tuesday	A	Wednesday	A	Thursday	A	Friday	A
24/06/2024	Pasta served with a tomato and basil sauce with green beans and sweetcorn	2	Beef bolognaise with pasta served with garlic bread (may contain seeds)and salad	7 2 4	Roast beef with Yorkshire pudding and veg gravy served with roast potatoes, peas and carrots	4 2 7	Sweet and sour chicken served with rice vegetables		Fish fillet with ketchup served with potato wedges baked beans or peas	5
		7 2	Soya based veggie bolognaise with gluten free pasta served with salad	13	Veggie loaf served with roast potatoes , carrots and peas with veg gravy	7 2 4	Vegetable mini pancake rolls served with rice , curry sauce and vegetables	7 2	Cheese and pepper sweet potato base quiche served with potato wedges baked beans or peas	4, 7 2
ALLERGEN KEY	Jacket potato with cheese and beans	7	Jacket potato with cheese and cherry tomatoes	7	Jacket potato with cheese and cucumber	7	Jacket potato with tuna mayonnaise	5 4	Jacket potato with cheese and beans	4,7
	Vanilla cake with icing and sprinkles	7 4 2	Short cake(if bought may contain nut and seeds) or watermelon	7 2	Chocolate mousse	7	Fruity jelly(veg)		Mini ring doughnuts	7,2 4
	1 = Celery and Celeriac e.g. stalks, seeds and leaves 2 = Cereals containing Gluten e.g. wheat, rye, barley, oats		3 = Crustaceans 4 = Eggs 5 = Fish		6 = Lupin Seeds and Flour 7 = Milk 8 = Molluscs 9 = Mustard		10 = Other Nuts e.g. walnuts, cashews, pecan, Brazil, pistachio, 11 = Peanuts		12 = Sesame Seeds 13 = Soya 14 = Sulphur Dioxide and Sulphites	





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01/07/2024	Tomato and herb Pizza served with cucumber & tomatoes	2 7	Sausage roll served with smiley fries and baked beans (pork)	2	Roasted PORK with stuffing and veg gravy served with roast potatoes, parsnips and carrots	2	BBQ Chicken served with rice and peas	2	Fish fingers with ketchup served with curly fries, and baked beans	5
			Vegan sausage roll served with smiley fries and peas	2	Pasta served with a tomato sauce served with carrots/cucumber	2	Veggie chilli served with rice ,cucumber and tomatoes	13	Vegan sausage served with chunky chips and peas	2, 4
	Jacket potato with cheese and beans	7	Jacket potato with chicken tikka and iceburg lettuce		Jacket potato with cheese and cherry tomatoes	7	Jacket potato with tuna	4 5	Jacket potato with cheese and beans	7
	Ice cream	7	Mini gingerbread people (may contain milk)	2	fruit crumble with cream	7 2	Blueberry muffin	4 7 2	Jam and cream scone	7 4 2

	PICNIC DAY Monday	A	Tuesday	A	Wednesday	A	Thursday	A	Friday	A
08/07/2024	Chicken Bap Baked crisps , cake , fruit , orange juice	2 7	Pizza topped with mozzarella and bbq chicken served with cucumber and cherry tomatoes	7,2	Roasted Chicken with stuffing and veg gravy served with roast potatoes, parsnips, peas and carrots	2	Crispy chicken wraps served with mixed salad	9 2 7	Fish in batter served with ketchup with chips and baked beans or peas	
	Cheese Bap Baked crisps , cake ,fruit ,orange juice	2 7	Quorn balls served in a tomato sauce with pasta(2) served with cucumber and cherry tomatoes	4,2 7	Potato ,leek and cheese bake served with carrots and peas	2 7	Veggie sausage hotdog with mixed salad and coleslaw	7 2 4	Cauliflower cheese served with peas	7 2
ALLERGEN KEY	Dairy, gluten free options available		Jacket potato with lime and coriander chicken	4	Jacket potato with tuna mayonnaise	4 5	Jacket potato with cheese	7	Jacket potato with cheese and beans	7
			Strawberry mousse	7	Profiteroles topped with chocolate sauce	4 7 2	Frozen fruity yoghurt	7	Raspberry ripple sponge	2 4 7

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e.g. walnuts, cashews, pecan, Brazil, pistachio,
11 = Peanuts

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